



Child Care Lounge



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About Adult Learners (2 Clock Hours):

This training is designed for trainers, adult educators and child care directors. Adult learners are very different from children. Therefore, it is important that training is geared towards their particular needs and dispositions. This class reviews basic principles and practices for teaching adults.

The Anti-bias Approach (12 Clock Hours):

This training is designed to guide teachers and child care providers in implementing an anti-bias, multicultural approach in the class or program. This class will help them meet standards set by state quality initiatives and accreditation programs.

The Best Ideas on Staff Management (2 Clock Hours):

A guide for child care administrators and directors on recruiting, retaining and motivating your staff. Learn how to manage your child care staff from their first day until their last day.

Classroom Environments: Setting the Stage for Play and Learning (3 Clock Hours):

You have a great opportunity to shape the experiences and learning of children in your care just by how you arrange the environment. This class will show how the environment can influence and support your program goals. You will also learn specific strategies to help you design a great place for children to learn and play! This class is designed for providers in toddler and preschool classrooms.

Every Child Is Unique (3 Clock Hours):

This training is designed for caregivers and educators of children of all ages. Students will learn how to recognize individual behavioral and learning styles and adapt learning activities and experiences appropriately.

Gather 'Round for Circle Time (1 Clock Hour):

This is a class that will help providers improve their curriculum. You will learn how to plan for a developmentally appropriate circle time that has value and interest for all children in your program.

Infant and Toddler Care (4 Clock Hours):

This training will help you will help you develop a plan for the care and education of infants and toddlers, in light of current research pointing to the importance of the first three years of development.

ADHD: Understanding and Responding to ADHD in the Classroom (1 Clock Hour):

Participants will learn more about ADHD and how to respond to children in their care that have ADHD.

Autism in Your Child Care Setting (2 Clock Hours):

This is an introductory class that will introduce the student to children with autism. Students will learn specific guidelines for adapting their programs to meet the needs of these children, as well as strategies for communicating with parents and working with other professionals.

Bullies: How to Manage and Prevent Their Behavior (2 Clock Hours):

Although bullying has been a problem for a long time, it is only recently that studies are showing the huge toll that it takes on the social and emotional lives of children. This class will help you understand why bullying occurs and give you techniques for responding to this behavior.

Cooking Up Some Fun (1 Clock Hour):

Cooking activities are a fun way to promote learning across many domains of development. Class participants will discover great strategies and ideas for including cooking activities in their program.

Excellence in Child Care Customer Service (2 Clock Hours):

Customer service is not a one-time event but on an ongoing process. There are three main phases of customer service. This course will look at each phase independently, as well as how to meet customer needs while maintaining customer loyalty and satisfaction.

Growing Young Gardeners (1 Clock Hour):

What could be more appealing for young children than an opportunity to play in the dirt, to be creative and to watch things grow? Gardening with young children can be both fun and educational. Learn the value of gardening activities and find some cool ideas!

Learning Through Play (5 Clock Hours):

This training is designed for caregivers and educators of children of all ages. Students will learn about the importance of play in the early childhood curriculum as well as ways to support and promote learning through play.

The Amazing Newborn (1 Clock Hour):

Learn how babies are born with remarkable capacities that help them enter the world ready to learn and interact!

Becoming Part of a Professional Team (2 Clock Hours):

This training is designed for both providers who are starting a new job and/or entering the child care field. Participants will learn the importance of professional behavior on the job and how to develop positive relationships with co-workers.

Caring for Yourself as a Child Care Provider (3 Clock Hours):

This training is designed to help child care providers avoid burnout. This training will help you learn how to care for yourself while caring for children

Developmentally Appropriate Practice (4 Clock Hours):

This training is designed for providers that are just learning about developmentally appropriate practices. This training will help them learn to apply this approach by selecting appropriate toys and art activities.

First Friends (1 Clock Hour):

This online child care training class will review how children form early friendships and what you can do to promote positive social skills

The Impact of Violence on Young Children (3 Clock Hours):

This training class discusses the impact of direct and indirect exposure to violence on the development and well-being of young children. Ways to support children and promote coping skills will also be covered.

Managing Mixed Age Groups (5 Clock Hours):

This training is designed for child care providers who deal with different ages in the same setting. Participants will learn to manage mixed age groups in a child care setting.

Marketing Your Child Care Program (6 Clock Hours):

This training is designed for program owners and directors. This class features many concrete ideas and will guide participants in developing an effective marketing and promotion strategy for their program.

Nuts About Nutrition (3 Clock Hours):

Child care programs play an important role in helping young children develop good eating habits. Children in care settings may receive half or more of their daily nutritional needs while in care. Snack and mealtimes are an important part of the day. Learn how to promote good nutrition and manage snack and mealtimes.

Positive Discipline (6 Clock Hours):

Participants will learn to identify common misbehaviors and how to prevent them; they will learn the goals and guidelines of positive discipline and design a list of preschool classroom rules. Participants will also be actively involved in applying positive discipline techniques to help guide children and promote safe behavior and self-control.

Preschool Math (3 Clock Hours):

This training is designed to guide teachers and child care providers in implementing math curricular activities and learning into the preschool program. You do not have to have a degree in physics to help young children in your early childhood program learn about math. The rudiments of a math curriculum start with the child and the world around them. This online workshop lesson will guide you in helping children learn about math as they explore and discover and have fun!

Promoting Family Partnerships (10 Clock Hours):

This training is designed for either providers or administrators. This training will help you make real connections and forge valuable partnerships with the families that you serve.

Routines and Relationships (2 Clock Hours):

This training is designed for caregivers and educators of infants and toddlers. Participants will learn how responsive care giving forms the foundation of building relationships, and sets the stage for development and learning.

Taming Temper Tantrums (6 Clock Hours):

This training is designed for experienced providers who care for young children. Participants will learn to identify common causes of temper tantrums and how to prevent them. This online class looks at many types of tantrums and how to help children develop self-control.

Tranquil Transitions (3 Clock Hours):

This training is designed for caregivers and educators of children of all ages. Students will learn how to plan for and manage smoother transition times in the classroom. This course includes many specific ideas for nap time, cleanup time, waiting times and more!

Mentoring Methods (1 Clock Hour):

Mentoring is a powerful way for people to learn a variety of personal and professional skills. Learn more about the process and how to be an effective mentor.

Observing Children (3 Clock Hours):

This is an introductory class that will introduce using observation in a child care setting. Observation of children is an important skill to learn. It will help you build your general knowledge of children as well as contributes to your understanding of individual children.

Potty Training in Child Care (1 Clock Hour):

This training class reviews the importance of readiness and gives guidelines for potty training in a child care program.

Preschool Science: A Sense of Wonder and Discovery (4 Clock Hours):

This online training is designed to guide teachers and child care providers in implementing science curricular activities and learning into the preschool program. You do not have to have a degree in biology or own a chemistry set to help young children in your early childhood program learn about science. The rudiments of a science curriculum start with the child and the world around them. This online workshop lesson will guide you in helping children learn about science as they explore and discover and have fun!

Recruiting Child Care Staff (4 Clock Hours):

This training is designed for child care and early childhood directors. This class covers ways to recruit quality staff members and teachers. THIS IS AN ADVANCED-LEVEL CLASS.

Separation Anxiety (3 Clock Hours):

This training is designed for caregivers and childcare providers. Students will learn about the causes of separation anxiety and how to manage both the child's emotions and behavior.

Theories of Child Development (2 Clock Hours):

This training is designed to be an introduction to the most widely known theories of child development. Students will learn about the contributions from Jean Piaget, Erik Erikson, Sigmund Freud and many more.

Toddlers Terrific or Terrible? (2 Clock Hours):

Power struggles, whining, temper tantrums, defiance, clingy, moody and selfish. These words are all used to describe toddlers, but so are the words, eager, affectionate, curious, playful and trusting. Learn why they are a little bit of both!

Using Books and Stories (3 Clock Hours):

This training is designed for both novice and experienced child care providers who care for preschool age children. Participants will learn to use books and literature with young children. Participants will also be actively involved in applying skills in choosing books and reading to young children.

Moving and Grooving: Motor Skills and Movement (2 Clock Hours):

It is widely recognized that children need to have a lot of physical activity. Now, more than ever, childhood obesity is a concern. This class explores the benefits of movement in the classroom, as well as how to promote motor development. Discover how children can learn better by moving too.

Open the Door (1 Clock Hour):

Research shows that children are spending half as much time outside as they did 20 years ago - and much more time doing "inside" activities. This class will highlight the many benefits of outdoor activities and show the student how to promote fun and learning in an outdoor setting.



Proud to be a Professional (3 Clock Hours):

This training is designed for both child care providers and leaders. Participants will explore the meaning of professionalism while expanding their own growth as a professional. Learn how to influence public perception and make a difference!

Rest time or Chaos Time (2 Clock Hours):

This class will help participants manage and plan for age-appropriate rest times in a child care setting.

Social and Emotional Skills (2 Clock Hours):

Preparing a child for school success is a lot more than ABCs and 123s. Research now shows that the traditional, academic skills (sometimes known as the three R's) come easier to children who have strong social and emotional skills. Learn concrete ways to promote social and emotional skills that will translate into school success down the line.

Where Everyone is Welcome (1 Clock Hour):

This class will help you find ways to ensure your program is welcoming and respectful to all families and children.

While Children Play: Your Role (1 Clock Hour):

Many programs recognize the value of play and a lot of time and materials for it. However, teachers and providers often view this as a time that children are self-sufficient and will use this time to rest or complete other management tasks. In fact, playtime is the key time and opportunity to promote learning and social skills. This class will show you how.